

# Rush Hour KARTING ACADEMY SUMMER & TRACKOUT CAMP

## SUMMER CAMP MENU

### Breakfast: 7am-9am

Variety of Cereals and Milk

Variety of Poptarts

Different Muffins

Juices, milk and water

### Lunch: 12pm-1pm

Monday: Chicken Nuggets with fries. Dessert: Jell-O

Tuesday: Hotdogs and Macaroni & Cheese. Dessert: Ice Cream Bar!

Wednesday: Pizza Buffet (Cheese and Pepperoni). Dessert: Rice Krispy Treats

Thursday: Hamburger/Cheeseburger with Tater Tots. Dessert: Chocolate/Vanilla Pudding

Friday: Fried Chicken Sandwich with Waffle Fries. Dessert: Ice Cream Bar!

\*\*Any day of the week at lunch time, we also offer a salad for the kids. It includes, lettuce, tomatoes and shredded cheese. Choice of ranch or balsamic vinaigrette dressing.

Snacks included twice a day are:  
Variety of chips, cookies, crackers and fruit

